

# The Homepage

Serving the communities of  
Greenfield • Hazelwood • Lincoln Place • Hays • New Homestead



4901 Second Avenue  
Pittsburgh, PA 15207

Non-profit  
Organization  
U. S. Postage  
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August 2019

## Hazelwood Residents Make it Known: They Need to Be Part of the City's Driverless Tech Conversation

By Laura Wiens

On Thursday, July 18th, more than 70 residents from Hazelwood, the Run, Panther Hollow, and Greenfield made it known: our communities want to know more about the impact of driverless vehicles before they operate in our neighborhoods.

The grassroots transit advocacy organization, Pittsburghers for Public Transit, held a community conversation on autonomous vehicles (AV) at the Spartan Center and released the findings of a year-long research effort into the projected impacts of AV on jobs, mobility, the environment, pedestrian safety, and data privacy. This literature review examined over 100 academic articles and publications to evaluate claims made by companies about the benefits of this technology. The event, called "Bringing the Public to the Autonomous Vehicle Table," gave space for residents to outline the needs they have around



Credit: Katie Hores

mobility, pedestrian safety, and to consider whether supporting AV testing is the most equitable and effective use of public resources to address those needs. At the event, long-time residents Ho-

mer Craig and John Tague, Jr. voiced the importance of an informed public process and on ensuring that investments serve people of all abilities. They laid out what's at stake when deciding

to invest in new technology over proven mobility solutions like better transit service, sidewalks and crosswalks.

This is a vital conversation to have in Hazelwood because driverless shuttles have long been included as part of a City of Pittsburgh proposal to connect Hazelwood Green and the Universities in Oakland, in the "Mon-Oakland Connector" project. The Mon-Oakland Connector has been additionally advertised as a way to address Hazelwood resident needs around transportation access at the cost of more than 14 million taxpayer dollars. This conversation will continue over the coming months with a City Council public hearing on Autonomous Vehicles anticipated for September.

Pittsburghers for Public Transit's Autonomous Vehicle literature review and the 1-page summary can be found at [www.pittsburghforpublictransit.org/AV](http://www.pittsburghforpublictransit.org/AV)

## Reminiscing About Yesterday's While Enjoying It Today

By Mary Bridget Bartol

I read that Yesterday's was the only bar-restaurant in the area built next to a church. The Catholic Diocese gave its approval and Yesterday's was built and is still across from the corner of St. Rosalia's Catholic Church. For the well-respected Mary Burns, there was no foul talk or cursing allowed or you

were asked to leave the bar immediately. Ms. Burns owned two beautiful Irish Setters, Maura and Breigé, which is Gaelic for Mary and Bridget, respectively. My daddy from Galway Bay, West Ireland bought me my first drink at Yesterday's when I was just 3: A coke and pretzels after a hot day of landscaping together.

James A. Herward, Sr. enjoyed a

cold Iron City Beer as I enjoyed being a princess sitting at a large bar chair listening to music and, after a visit with Maura and Breigé, went out back to the cement patio. It was a great place then and still is. When my sister Shelia and I visit after 4pm mass at St. Rosalia, I'm able to sit at the same barstool I used when I was three. As we sit in Daddy's and my seats, we always see old friends and make new friends in this friendly and fun place!

Through the years, the name and owners have changed. For 16 years, James "Monk" Montgomery from Hazelwood and the late Bobby Bennet bought the bar and gave it the perfect name: "Yesterday's." With the new name came dancing and great, giant fish sandwiches, which were especially enjoyed during Lent and every Friday.

For thirty-four years, my family and I made many visits to Yesterday's when I spent July and August in Pittsburgh when we would travel from our home in Hollywood, FL. We left Pittsburgh in the '80s after J & L left the steel industry collapsed. It was a Pittsburgh depression, businesses were closing, and my husband, Ron Bartol, was a jazz musician and work was hard to find...

but Yesterday's was still here with our favorite bartender, J.D. (Jerry Dusch) and Bill Smith (Smitty), who's been there for 25 years, along with the chef, Chuck Foust, with 10 years under his belt.

Al Eliwaga has been the owner of Yesterday's since 2010. Since 1974, he had managed excellent hotels in Philadelphia. He also caters all of St. Rosalia's social affairs. One of the current bartenders is a young man named Joe who loves sports and makes it a point to have the large TVs show the game of the hour during his shift. Another marvelous addition after 30 years in the medical profession and being a sales rep for CVS, is the friendly Christine Zydell, who's the bar's Activity Director.

Yesterday's regulars appreciate the changing cast, including Ms. Tina Camy, who spent 39 years teaching at the School for the Blind. She states "Christine is a creative and excellent bartender. She puts people at ease and into a positive attitude, plus she's fun and welcomes new people. I love her!" Every Sunday is "Fun Sunday"

*Continued on page 17...*





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*The Homepage is published by The Hazelwood Initiative, Inc., and is made possible by generous support by Councilman Corey O'Connor and State Representative Harry Readshaw along with advertising from local organizations and businesses.*

## Editor Emeritus

Greg Matecko

## Editor

Alyse Richmond

## Layout

Katie Steines

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Hazelwood Initiative, Inc.  
4901 Second Avenue  
Pittsburgh, PA 15207  
(412)421-7234  
adirosa@hazlewoodinitiative.org

The Homepage encourages all residents of Greenfield, Greater Hazelwood, Glen Hazel, Hays, New Homestead, and Lincoln Place along with those who have an interest in those communities to express their opinions on local, regional, state, and national issues.

The Homepage reserves the right to decide what content is appropriate for publication and my edit submissions for length or form. The opinions expressed, whether by paid advertisement or editorial content do not necessarily reflect the views of this newspaper, the Hazelwood Initiative, Inc., the Greenfield Community Association, nor the 31st Ward Democratic Club.

Email your letters to:  
adirosa@hazlewoodinitiative.org



## Our Mission Statement

The mission of the Hazelwood Initiative, as a community based development corporation, is to build a stronger Hazelwood through inclusive community development.

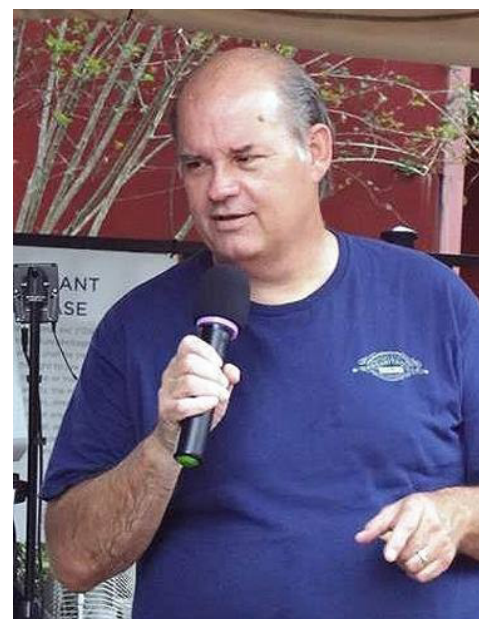
# Greg Matecko, Editor of The Homepage Since 2014, Passes Away at 62

By HI Staff

We are saddened by the news that Greg Matecko, long-time editor and layout artist for The Homepage, passed away on July 21. Since 2014, Greg was the workhorse of this publication. He brought us an updated look and format when he arrived, and regularly demonstrated his skills with design and graphic arts. Greg was also our proofreader and copy editor following Jim Richter's retirement. When Jim left in 2015, the paper was in danger of disappearing, as our small staff accepted the duties of coordinating its operation without much guidance or prior experience working in media. Greg was absolutely essential in providing support and assistance during this time, and we can easily say that this paper could not have survived without his help.

Even as his health issues became more pronounced, Greg was relentless in working on the paper. Once, days after being hospitalized after a stroke, it seemed that Greg would be unavailable and we would miss printing that month. However, Greg reached out and said that he had brought his laptop to the hospital. He joked that his "mouse-clicking hand was still working" and that he would keep defying the nurses by working on the paper late into the night. This happened a few times and we were always so impressed by Greg's commitment to the paper, which he saw as an important community resource that residents count on and that it was our job to deliver.

We're so sorry for this loss for Greg's family, and we'll do our best to honor Greg by continuing to produce the paper in a manner that would make him proud.



## Hazelwood Initiative's 20th Anniversary

Thursday, September 19th, 2019

5 PM to 8 PM

4713 Chatsworth Ave

\$25/ticket

All proceeds go toward funding fun events for the community in 2020!

donate at [ioby.org/Hazelwood](https://ioby.org/Hazelwood)

Call Hazelwood Initiative at 412.421.7234 or visit our office at 4901 2nd Ave fl. 2 to purchase a ticket.



# Community Houses of Worship

## St. Stephen Parish

5115 Second Avenue  
412-421-9210

## Church of the Good Shepherd Episcopal

2nd & Johnston Avenues  
Rev. Huett Fleming 412-421-8497

## Keystone Church of Hazelwood

161 Hazelwood Avenue  
Rev. Tim Smith 412-521-3468

## First Hungarian Reformed Church of Pittsburgh

221 Johnston Avenue  
Rev. Ilona Komjathy 412-421-0279

## St. Paul's Lutheran Church

5319 Second Avenue  
Rev. Susan Schwartz 412-521-0844

## Hazelwood Christian Church

118 Glen Caladh St. 412-421-9908

## Morningstar Baptist Church

5524 Second Avenue  
Rev. Malachi Smith 412-421-6269

## St. John The Evangelist Baptist

4537 Chatsworth Avenue  
412-521-0994

## Greater Pittsburgh Fountain of Life

247 Johnston Avenue  
Bishop Gerald Loyd 412-422-8794

## St. John Chrysostom Byzantine Rite Church

506 Saline Street 412-421-0243

## St. Rosalia's Catholic Church

411 Greenfield Avenue  
Rev. Joseph Reschick 412-421-5766

## Squirrel Hill Christian Church

290 Bigelow Street 412-521-2447

## Holy Angels Parish

408 Baldwin Road  
Rev. Robert J. Ahlin 412-461-6906

## Warriors of Holiness in Power (W.H.I.P. Ministries)

1174 Mifflin Road  
412-461-5572  
Pastor James and  
Apostle Denise Samuel  
www.whipministries.com

## Praise Temple Deliverance Church

5400 Glenwood Avenue  
Pastor Dennis Curri 412-422-1637

## Mary S. Brown – Ames United Methodist Church

3424 Beechwood Blvd.  
412-421-4331

# What's Up?

Community Notices for Greenfield, Hays, Hazelwood, New Homestead and Lincoln Place

## Greenfield Presbyterian Church

Is on the move!  
Call 412-223-7863 or email  
greenfieldpc@gmail.com for  
our schedule.

\*\*\*\*

## Hazelwood Christian Church

Committed to God's Word in Christ,  
and God's Word in Scripture

118 Glen Caladh Street  
412-421-9908

**Service Schedule**  
Sunday School - 9:00 AM  
Worship - 10:00 AM  
Wednesday Night Bible Study - 7:00 PM

Visit our Website:  
www.hccpittsburgh.com

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## St. John the Evangelist Baptist Church

4537 Chatsworth Avenue

\*\*\*\*

## "Just For Today" Nar-Anon Meeting

For family and friends whose loved ones  
suffer from Drug Addiction. Wednesdays at  
6:30 PM, First Hungarian Reformed Church,  
Calvin Hall. Contact Cindy 412-421-7076.

## Mary S. Brown–Ames United Methodist Church

3424 Beechwood Boulevard  
Jeffrey Lukacs, Pastor

*"The church with the bright red fence"*  
Sunday Service 10:30 AM  
Bible Study every Thursday: 7:30 PM  
www.brightredfence.org

\*\*\*\*

## New Light Congregation

A Conservative Jewish Congregation

5915 Beacon St,  
Pittsburgh, PA 15207  
412-421-1017

**Friday Evening** - 7:30 PM  
Followed by Oneg Shabbat  
**Saturday Morning** - 9:45 AM  
Followed by Kiddish  
**Sunday Minyan** - 9:15 AM - Held after  
Sukkot through the Sunday of April

\*\*\*\*

## Hazelwood YMCA Food Pantry

Located at St. Stephen's School  
134 E. Elizabeth St. • 412-421-5648  
You must bring a Photo ID every pick up!

\*\*\*\*

## Mansmann Foundation and Hazelwood Initiative's Peer-To-Peer Mentoring Pod for Small Business Owners

3rd Monday of every month at 5:30-7:30 PM at the PAYCE office (located beneath the Hazelwood Carnegie Library - please use the Library entrance)

Please contact us for details at:  
smallbusiness@mansmannfoundation.org  
Call 412-733-6192 or visit our website:  
www.mansmannfoundation.org


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## Interest-Free Loans for Large Expenses

Hebrew Free Loan, a nonprofit based in Greenfield that offers 0% interest loans up to \$10,000 on a nonsectarian basis.

Loans are for large expenses including home repair, car purchase or repair, tuition, small business, medical or dental expenses, credit card consolidation, and fertility/adoption. Find more information at [hflapgh.org](http://hflapgh.org) or by calling 412-422-8868.

## New Life Church of God



Bringing new life to all walks of life

1120 Greenfield Avenue  
Pittsburgh, PA 15217  
(412) 421-7101 Office

Pastor Mark K. Richardson  
E-mail: [newlifechurchofgod@verizon.net](mailto:newlifechurchofgod@verizon.net)  
Web: [www.nlcogpgh.com](http://www.nlcogpgh.com)

**WEEKLY SCHEDULE**  
EPICS Classes ..... Sunday, 9:00 AM-10:00 AM  
Sunday Service ..... Sunday, 10:30 AM  
Noonday  
Prayer Meeting ..... Wednesday, 12:00-1:00 PM  
Celebrate Recovery ..... Friday, 7:00 PM

For New Believers and those  
who want a tune-up:



**Next Step Discipleship**  
"Giving Direction To New Believers"  
[www.nextstepdiscipleship.org](http://www.nextstepdiscipleship.org)  
Text: NEXT To: 96362

## Let Us Know What's Up!

The Homepage  
5344 Second Ave.,  
Pittsburgh, PA 15207

Email:  
[adirosa@hazelwoodinitiative.org](mailto:adirosa@hazelwoodinitiative.org)

## St. Stephen Parish

5115 Second Avenue  
Pittsburgh, PA 15207  
412-421-9210

email: [saintstephen@verizon.net](mailto:saintstephen@verizon.net)  
<http://www.ststephen-hazelwood.org/>  
Fr. Daniel L. Walsh, C.S.Sp  
Deacon Thomas Berna

**Parish Office Hours**  
9:00 AM to 2:00 PM  
Monday thru Thursday  
Phone: (412) 421-9210

**Religious Education Office**  
Phone: (412) 421-4748  
Sunday ONLY - preK-8)

St. Stephen Pastoral Center/Spartan Center  
134 E. Elizabeth Street  
[rose.velgich@ststephen-hazelwood.org](mailto:rose.velgich@ststephen-hazelwood.org)

**Weekend Mass Times**  
Sunday 9:30 AM  
Confessions: Sunday 8:45 AM  
or by appointment

**Daily Mass Times**  
Monday and Wednesday 10:00 AM

**Pastoral Staff**  
**Administrator:**  
Rev. Kris D. Stubna, S.T.L.  
**Parochial Vicar:**  
Rev. Adam Potter, S.T.L.  
**Parochial Vicar:**  
Rev. Daniel Walsh, C.S.Sp.  
**Deacon:**  
Deacon Thomas J. Berna, Ph.D.  
Rose Velgich, Religious  
Education Coordinator

**Advocates for Persons with Disabilities**  
John Tague and Carla Menosky  
Denise Motta, Parish Secretary



## The Church of the Good Shepherd

Second & Johnston Avenues

**Principal Service  
Sundays 10:00 AM**

Children's Sunday School  
10:00 AM  
Healing Service-Monthly  
Bible Study-Weekly

*A church of the  
Anglican Communion*

## Let Us Know What's Up!

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Email:  
[adirosa@hazelwoodinitiative.org](mailto:adirosa@hazelwoodinitiative.org)



# 31st Ward Wire

Lincoln Place • Gates Manor  
Hays • New Homestead



## 31st Ward Churches

### Holy Angels

#### Catholic Church

408 Baldwin Road  
Pittsburgh, PA 15207  
412-461-6906  
[www.holyangelshays.org](http://www.holyangelshays.org)  
Rev. Robert Ahlin, Pastor

### Lincoln Place Church of the Nazarene & Manifest Ministries

5604 Interboro Avenue  
Pittsburgh, PA 15207  
412-462-2524  
[www.lpnaz.org](http://www.lpnaz.org)  
Rev. W. Joseph Stump,  
Senior Pastor

### Lincoln Place Presbyterian Church

1202 Muldowney Avenue  
Pittsburgh, PA 15207  
412-461-3377

### Mt. Rise Baptist Church

80 Ingot Street  
Pittsburgh, PA 15120  
(New Homestead)  
Pastor Stephen Doniel

### Maoz Tzur - Rock of Ages Messianic Jewish

### Congregation At Lincoln Place Church of the Nazarene

5604 Interboro Avenue  
Pittsburgh, PA 15207  
412-694-5144  
Abraham Sandler

### St. John The Baptist Cathedral

210 Greentree Road  
Munhall, PA 15120  
412-461-0944  
Rev. Dennis Bogda, Rector

### Warriors of Holiness in Power (W.H.I.P. Ministries)

1174 Mifflin Road  
Pittsburgh, PA 15207  
412-461-5572  
Pastor James and  
Apostle Denise Samuel  
[www.whipministries.com](http://www.whipministries.com)

### Western Pennsylvania International Community Church At Lincoln Place Church of the Nazarene

5604 Interboro Avenue  
Pittsburgh, PA 15207  
412-482-7111  
Joel Chrispo Dumba

## Lincoln Place Church of the Nazarene & Manifest Ministries

### SUNDAYS

Sunday School ..... 9:30 AM (all ages)  
Children's Church ..... 10:30 AM  
Morning Worship ..... 10:30 AM  
Evening Service ..... 6:30 PM

### MONDAYS

Prayer Walk in Homestead ... 12:30 PM  
Prayer Walk Downtown ..... 6:30 PM

### TUESDAYS

Bible Study ..... 10:30 AM  
English as Second Language  
Classes ..... 6:00 PM

### WEDNESDAYS

Intercessory Prayer ..... 10:30 AM  
Discipleship Bible Studies ..... 6:00 PM

Naz Kidz Quizzing ..... 7:00 PM  
Fire Night of Intercessory  
Prayer ..... 7:00 PM

### THURSDAYS

Syrian Women's Arabic Bible  
Studies ..... 9:30 AM  
English as Second Language  
Classes ..... 6:00 PM  
Women's Ministries  
(1st Thursday) ..... 6:30 PM

### FRIDAYS

Prayer Walk at Magee Women's  
Hospital ..... 7:30 AM  
Men's Ministries (4th Friday) .. 7:00 PM  
Community Prayer Walk ..... 6:00 PM  
Prayer Walk at Mifflin School . 6:30 PM

Fire Night of Intercessory  
Prayer ..... 7:00 PM

### SATURDAYS

Feeding the Homeless  
Ministry (3rd Saturday) ..... 7:00 AM  
Prayer Walk at Planned  
Parenthood ..... 8:30 AM

**Monthly Food Pantry:** 3rd Saturday at 8:30 AM. Distribution is at Lincoln Place Presbyterian Church. Call LPNaz at 412-462-2524 for eligibility guidelines and to sign up.

**Need a ride to church?** Call Darrel at 412-461-6742.

## Holy Angels Parish

Tuesday 8:00 AM  
Thursday 8:00 AM  
Friday 8:00 AM

Saturday 8:00 AM  
Saturday Vigil 8:00 AM  
Sunday 9:30 AM

Confession: Saturdays after 8am 'til 9am

**Holy Angels Parish** is a Roman Catholic church that began in 1903 in the town of Hays, PA and is a family community among the many parishes that make up the Church of Pittsburgh. Our purpose is to assist each member in spiritual growth, to enable all members to support the parish family and to reach out to the larger community of the Church and the World.

## Lincoln Place Presbyterian Church

### SUNDAY

Services begin at 9:30 AM  
Sunday School for all ages at 9:00 AM

### WEEKLY EVENTS INCLUDE:

#### MONDAYS:

NA'S 6:30 PM

#### TUESDAYS:

**Senior Lunch** is served from 12:00-1:00 PM followed by games, Wii, and fellowship until 2:00 PM. Often speakers present helpful info for senior citizens.

**Free Lending Library** is open for book borrowing. Donation of used books are welcome.

#### WEDNESDAYS:

**Girl Scout Troop #52358** meets the 1st & 3rd Wednesdays of each month. For more info call: 412-877-7734.

#### THURSDAYS:

**Choir Practice** 7:00-8:00 PM

#### FRIDAYS:

**Family Movie Night** first Fridays of each month. Please call of time and more info. 412-461-3377

*All are always welcome.*

## 31st Ward Flag Fund



Your donation will help our volunteers to install and maintain the American Flags that line the streets of the 31st Ward.

Please make checks payable to **The 31st Ward Community Action Group** and mail to 944 Sunglow Street, Munhall, PA 15120. Include a return mailing address if you would like a receipt for your donation.

Send a donation via Venmo to

@Pgh31stWardCAG, [www.venmo.com/Pgh31stWardCAG](http://www.venmo.com/Pgh31stWardCAG)

Many thanks to Jim and Alice Takacs for their donation in honor of U.S. Army Rangers and VFW Post 5321 in honor of All Veterans

### THERE WILL BE NO MEETING IN AUGUST

31<sup>st</sup> Ward Residents! Join us every 2<sup>nd</sup> Tuesday of the month at 7pm for a Community Action Group Meeting. Come see what's going on in our Ward and see how you can become involved to help our communities thrive. We meet at the Lincoln Place Presbyterian Church Social Hall at 1202 Muldowney Ave, Pittsburgh 15207 (Rear Entrance).

Questions? Email us at [ExecutiveBoard@31stWardCAG.org](mailto:ExecutiveBoard@31stWardCAG.org)

Find us on

31<sup>st</sup> Ward Community Action Group (Pittsburgh, PA)

or

Visit our website at [31stWardCAG.org](http://31stWardCAG.org) to learn more.



#### Mission

The 31st Ward Community Action Group was established to bring the residents of our community together, advocate for the neighborhoods' needs, and to support the youth, veterans, businesses and senior citizens of the 31st Ward and surrounding areas.

#### Elected Officials

City Council - Corey O'Connor  
County Council - Paul Klein  
District Magistrate - James Hanley  
State Representative - Paul Costa  
State Senator - Jay Costa  
US Congressman - Mike Doyle



#### Meet Us

**Executive Board**  
President - Ryan Herbinko  
Vice President - Patrick Stack  
Secretary - Shera Stack  
Treasurer - Eugene Bokor  
Diane Ketter - Community Clean-Up  
Chair and Board Member  
Carol Sigafos - Farmer's Market Chair  
and Board Member  
Kathy Cunningham - Board Member  
Jackie Pribila - Resident Baked Goods  
Expert and Board Member  
Mark Schneider - Board Member  
Rita Schneider - Santa Trolley Chair  
Nancy DeGregorio - Community  
Events Liaison  
Judy Stump - Public Safety Council



#### 31st Ward

**Neighborhood Information**  
The 31st Ward is located in the southeastern corner of the City of Pittsburgh. It is comprised of four neighborhoods: Lincoln Place, Hays, New Homestead and Gates Manor. Against the backdrop of Pittsburgh's Historic Steel Valley, the 31st Ward's unique characteristics give a distinct suburban feel to urban living. The area is home to a multitude of greenspaces and parks as well as a growing business district.



# The Green Way

By Jim McCue

## Geo-engineering

The climate crisis will not be resolved by just letting nature alone.

We humans have been changing the climate for thousands of years, accidentally. Forests covered the Earth. It's said that at one time there were so many trees in what is now called the United States that a squirrel could have traveled branch to branch from the east coast to the Mississippi River without ever having touched the ground. Now that we see the weather has become unbalanced, all our technology needs to be used to better the situation.

We geo-engineer (change the Earth) every time we kill a bug. The number and varieties of insects is in rapid decline now are damaging the food web. For instance, birds may lose them as a food source. We geo-engineer every time we plant a flower, choose to drive a car a short distance when we could just as easily walk, light a barbecue, turn on a stove, buy a new car, fly or drive to a vacation spot, buy things we don't need, go to a grocery store rather than grow our own food.

Ecosystem Earth, if it is to sustain humans, must have some huge changes, even more than stopping the combustion of fossil fuels. Even if somehow we were, magically, able to completely stop burning all fossil fuels—coal, oil, gasoline, natural gas, and others like propane and butane—the amount of methane going into the atmosphere is still going to keep spiraling upward because of the warming of Earth and the oceans. Methane is now coming up from the cold parts of oceans and Earth in massive amounts.

To give some idea of how dire this emergency is, there is now discussion of—believe it or not—re-freezing the Arctic. The melting of the Arctic that is in progress, if allowed to continue, will further so change the weather that it will be hard for anyone

to survive. Here are only a couple of geo-engineering schemes (there are many), which, to the extent I understand them, hold promise for helping this climate crisis that is MUCH deeper than most realize:

1. Causing snow clouds in cold parts of the Earth by piping sea water up into the air where it will freeze and give shade
2. Nano-fertilization of iron to the oceans to regenerate sea water ecosystems damaged by warming, pollution, overfishing, and ocean acidification. The dust falling on the oceans has all the nutrients needed for life, but the mineral iron is heavier and falls faster from the surface where algae (phytoplankton) can get sunlight to consume it and make oxygen through photosynthesis, and to feed the larger life form. Experiments have shown that nanoparticles of iron, being so tiny, will float on the surface long enough to be absorbed into the ecosystem. The next thing you know, the algae is being eaten by zooplankton and fish and water ecosystems are being regenerated.

As with robotics, genetic engineering and drones, geo-engineering is not of itself bad. It's what is done with the technology that is important.

**Jim McCue (St. Jim the Composter)**  
Composter & Biotech Researcher  
(412)880-7237

Follow Jim online at:

- [bioeverything.blogspot.com](http://bioeverything.blogspot.com)
- [facebook.com/alllifelover](https://facebook.com/alllifelover)
- [hazelwoodharvestinc.blogspot.com](http://hazelwoodharvestinc.blogspot.com)
- [hazelwoodurbangardens.blogspot.com](http://hazelwoodurbangardens.blogspot.com)

### 50% off Mr. Clark's Music Lessons

- Guitar/Bass/Voice/Theory/Songwriting – first lesson free!
- Premium music lessons to become advanced in minimal time!
- Pittsburgh, Pennsylvania (Greenfield/Squirrel Hill Area)
- Bachelor's from University of Pittsburgh, Master's from Point Park University
- Cellular: 412-389-8368, Email: [sachemclark@hotmail.com](mailto:sachemclark@hotmail.com)





POLICE • COMMUNITY PARTNERSHIPS

## August 6th

### 4:30 PM - 7:30 PM

### Burgwin Spray Park

Cookout

Face painting

Puppet show

Live DJ

Bingo in the Rec Center

National Night Out is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie to make our neighborhoods safer, more caring places to live.



# What’s Good, Hazelwood?

We’re excited to see everything else that will go on this summer! To keep up to date, follow Hazelwood Initiative on social media:

Facebook @The Hazelwood Initiative  
Instagram @hazelwoodinitiative

Have a community event that HI couldn’t make it to, but want it to be featured? Send an email to [adirosa@hazelwoodinitiative.org](mailto:adirosa@hazelwoodinitiative.org) with a small description and some photos!



Art Excursions Unlimited celebrated their 5th anniversary at Schenley Park on June 29 with food and fun. Credit: Katie Hores



A few winners of HI's Bike Raffle pose with their new rides on June 30. Credit: Katie Steines



Credit: Katie Hores



Kids and families navigated obstacles courses and explored Hazelwood Green during Bike Hazelwood on July 13. Credit: Katie Hores



Center of Life's KRUNK Movement performs at the second installment of their summer concert series. Credit: Katie Hores





Credit: Katie Hores



Credit: Katie Hores



Rev. Murray brought the fun to The Hazelwood Youth Mentorship and Athletic Association's (THYMAA) Community Festival Day at the Burgwin Spray Park on July 13. Credit: Katie Hores

# Support Your Local Businesses

- Abriola's Auto Parts.....(412) 421-8100
- Allegheny Fence.....(412) 421-6005
- Automotive Medic.....(412)422-2886
- Brad Rosen Landscaping.....(412)521-4330
- C&D's Kitchen.....(412)224-2658
- Carpets & Things.....(412)401-8049
- Christian Cleaning Services..... (412)781-5989
- Colwell Automotive.....(412)422-0632
- Corcoran Floors.....(412)422-5817
- Dylamato's Market.....(412)521-1351
- Easy Does It Lawn Care.....(412)708-3586
- Elizabeth Pharmacy.....(412)421)0114
- Elmer Herman Funeral Home..... (412)521-2768
- Floriated Interpretations.....(412)607-7886
- Fred's Automatic Transmission.....(412)521-8810
- Rod Gaston Landscaping.....(412)689-7982
- Graphics 22 Signs, Inc..... (412)422-1125
- Gray's Tidy Up Services.....(412)819-5597
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# Arts and Culture



Credit: Katie Hores


## Pittsburgh Classic Players, “A Streetcar Named Desire,” Brings Intensity and Drama to Hazelwood

By Katie Hores

Beginning on July 19 and running through July 28, the Pittsburgh Classic Players held the performance of “A Streetcar Named Desire” by Tennessee Williams at the Spartan Center. As a theater-based company, the mission of PCP is to produce theatrical works that highlight literary and educational importance, to grasp the audience’s attention while also making sure to leave a mark on how they feel about it. Before attending opening night, Brett Sullivan Santry (Co-founder and Director of Education/Outreach) and Harper York (Co-Founder and Artistic Director) sat down with me to share their opinions on the importance of the show. As Santry begins to speak on choosing this play, he claims, “being a senior company at this literary and educational age, we don’t always get to dip our toes into modern theater very often. We don’t want to, necessarily, either. But when considering the bigger context of the play, Williams is trying to be pretty woke, he’s really trying.” Further piggybacking off of that, York adds, “Tennessee Williams’ work captures a moment in history, as well as his own feelings. One of the things that I think is very interesting about Tennes-

see Williams is that he was, for a long time, a closeted homosexual, and he sort of put the hatred for that life into words. Not necessarily what he was feeling about himself, but what people were telling him about himself and the pressures and the insane way that people handle themselves.” Although the performance is based on a play from decades ago, PCP is still adding in their own special touch. From the difference in race to the intimacy in relationships, PCP builds their show in a way that is still modern to society. Santry exclaims, “There’s these phrases in his description of the play, that represent the easy mingling of the races. Like he’s talking about that, but there’s really no substantive black characters applied. There’s no substance to people of color in the play. But when we’re staging it, there most definitely are actors who are playing substantive roles.” With the play presented in a different time period, the reality of the script is that there is no sign of black characters, and PCP changes that to include the important role of those characters. They strive to add a touch of diversity that isn’t present in the original script. “And that’s not to even begin to scratch the surface of all the issues surrounding sexual violence and violence

towards women, and the way that the patriarchy is structured in this particular society that the play was written in, versus the way it is now.” Santry states. In reference to the Me Too Movement in our current society and the way it is depicted through the play, Santry explains that, “in our industry, the theater and entertainment industry, that’s where the Me Too Movement came out of.” He talks about how for their production, they had an intimacy co-

A photograph showing three men in a theatrical setting. The man on the left is wearing a yellow shirt. The man in the center is wearing a white tank top and red suspenders. The man on the right is wearing a light-colored shirt and is gesturing with his hand towards the man in the center. The background is dark with some stage lights visible.

Credit: Katie Hores

ordinator to truly help them depict the sexual violence presented in the play, in a responsible, respectful, and safe way. Sexual violence is a very prevalent and important topic portrayed throughout this production. Delving more into the relation of that, York claims, “it’s so very much there, and one of the things that I’m enjoying is that it’s not being glossed over. We’re not saying that these things

*Continued on page 17...*



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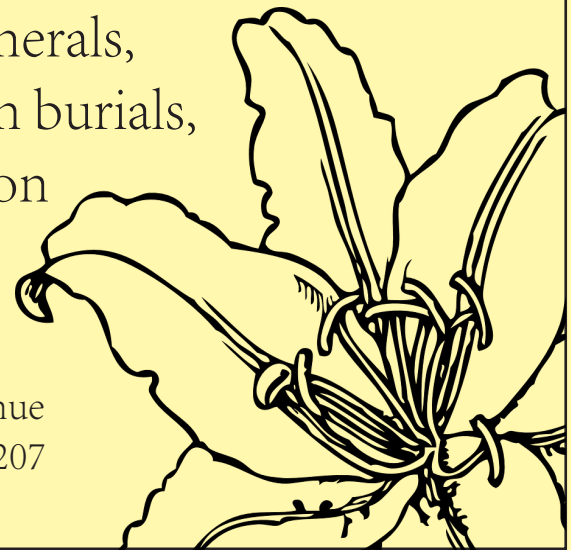
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# Health & Lifestyle

## Greenfielder Offers Personal Training Out of Her Home with Care and a Cockapoo

By Alfred DiRosa

After a few friendly barks from her Cockapoo named Carmel, walking into René Roma’s living room, with its comfy furniture and pleasant décor, you might forget that you’re about to begin a fitness session. With such a first step, any thoughts you may have had about this personal trainer becoming your private task master might drift away, and instead you may think you’ve hired a new companion to hold your hand as you exercise without a hint of criticism. However, after descending the stairs into her studio, it becomes clear that the truth is somewhere in-between: René is friendly and supportive, but she’s serious and passionate about her practice. The sight of a long, but sturdy full-body workout machine is reflected in a mirror running the length of the room, book-ended by racks of kettle bells, bands, and mats, all make a statement: I am invested in helping you reach your fitness goals safely and effectively, please join me.

A lifelong athlete, René kept her passion for fitness by running, lifting, and nutrition, even after opportunities for organized sports thinned after

college. Years working in hospital administration kept her close to health and wellness, but the corporate setting could not satisfy her need to be active. “People would say, ‘why don’t you train me?’ I started thinking, and thought that I would love doing it, so I just started to dabble in it on the side until I was doing more training and far less office work.” With her certification from the American Council on Exercise (ACE) among other credentials, René has decided to go all-in on her passion for fitness by converting a portion of her home into a private exercise space. Her studio is large enough to allow 2-3 people to make use of all the available equipment and to perform a range of motions and activities. The smaller size of the studio suits her preference for one-on-one training with a focus on fundamentals and fine-tuning techniques of individual clients. She finds that those who may feel lost in the crowd of group exercise classes or large gyms prefer the solitude of her studio, along with her undivided attention.

René notes that “group instructors usually can’t see or assist everyone, and you’re kind of on your own at bigger exercise facilities. It’s easy to go to a fitness center and sit on a machine and

just do bicep curls. It’s safe, nothing bad about it. You’re still exercising, but you’re not really using your core a lot and it’s not mimicking functional movement.” René wants to help her clients see their own bodies as their best piece of equipment, so free squats, inch worms, deadbugs, or other motions you might find in a yoga class are often encouraged.

René makes it clear that she did not establish her studio to help ‘max out’ clients or encourage them to push past their physical limits, nor does she expect to keep the same clients indefinitely. Rather, she sees her studio as a “launching pad towards a life-long relationship with exercise and fitness,” or as a “bridge between physical therapy and readjusting to daily living...I don’t have any athletes, not to say that I won’t train an athlete, but I’m just more geared towards working with older adults or even younger adults looking to get active again.”

Out of all of her equipment, her studio’s centerpiece is the Total Gym, a machine that marries core strength and



functional movement. Though there’s a slight learning curve, René says clients take to the machine quickly and enjoy its offering of controlled movements from a variety of positions, all while using your own body weight to create resistance.

For cardio, she uses an Airdyne bike,

*Continued on page 19...*

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#### St. Paul Evangelical Lutheran Church

5319 Second Avenue  
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#### Healthy Active Living Center

5344 Second Avenue  
(412) 422-6549  
1st Tuesdays, food boxes for seniors

#### Hazelwood Library

5006 Second Avenue  
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Snacks, Monday - Friday, 3:45PM

## Hazelwood’s FREE Food Guide



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#### Community Kitchen Pittsburgh

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#### Propel Hazelwood

5401 Glenwood Ave  
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By Susan Merenstein

Dear Friends,

Wow! Summer is halfway over already! Where does the time go? Are you getting enough of Vitamin D, the Sunshine vitamin? We do not get much sun in Pittsburgh and many of us are experiencing the symptoms below and not attributing them to a Vitamin D deficiency.

Known as the “sunshine” vitamin, vitamin D plays a vital role in your body. One of the four fat-soluble vitamins, vitamin D helps to promote the absorption of calcium and phosphorus in the blood. These two nutrients work with each other in order to make your bones stronger. If you aren’t getting enough vitamin D, your body can only absorb a small amount of calcium and phosphorus. As a result, your bones will end up becoming very brittle, which could lead to easy breaks and fractures, as well as increase the chances of developing osteoporosis.

Therefore, in order to ensure that your body is absorbing as much calcium and phosphorus as possible, you need to make sure that you are getting enough vitamin D. In addition to preventing brittle bones, breaks in the bones and the development of osteoporosis, vitamin D also does a lot more for your overall health. It has been found to reduce the risk of developing certain types of cancers, including colon, breast and prostate cancer. It has also been found to reduce the risk of chronic diseases, such as diabetes, heart disease, high blood pressure, and multiple sclerosis. Vitamin D also helps to improve the function of your lungs and plays an important part in regulating your mood.

If you aren’t getting enough vitamin D, your health could suffer dramatically. You will be much more susceptible to broken bones and falls, which could also increase the chances of sustaining a broken bone. You could also become more prone to developing osteoporosis. On top of that, you run a higher risk of developing certain types of

## 12 Symptoms of a Vitamin D Deficiency

cancer and could suffer serious issues with your mood, including depression and anxiety.

How much vitamin D3 do you need? The amount depends on your age; according to the Vitamin D Council we need 45 iu’s per pound of body weight. How can you tell if you are getting enough vitamin D? The best way to tell is by having a blood test called 25 (OH) D performed. Optimal levels should be between 60-80 ng/dL. However, the development of certain symptoms can also indicate that you have a vitamin D deficiency.

What are the symptoms of a vitamin D deficiency? Here’s a look at some of the most common side effects that people who are deficient in this vitamin experience.

### 1. You’re getting sick more often than you normally would

One of the key functions of vitamin D is keeping your immune system healthy. When your immune system is strong, you are better able to fight off infections and illnesses that are caused by viruses and bacteria. If you are deficient in vitamin D, your immune system is weakened, which means that you will become more susceptible to illnesses and infections. If you are contracting things like the flu, the common cold, strep throat or other infections and illnesses more frequently than you normally would, it could be because you are not getting enough vitamin D. You might also run the risk of developing chronic disorders, such as COPD. One study found that people who have COPD were highly deficient in vitamin D.

### 2. You are always tired and never feel well-rested

It doesn’t matter how much sleep you are getting; you always feel like you are tired. If that’s the case, it could very well be that you are suffering a vitamin D deficiency. Several studies have found that very low levels of vitamin D can cause severe fatigue, which in turn, can have negative effects on your overall health and your quality of life. If you are deficient in vitamin D,

it doesn’t matter how much sleep you get, and how good that sleep is, you aren’t going to feel well-rested. Taking a vitamin D supplement, getting more



sunshine or eating foods that are high in vitamin D can help to alleviate the problem.

### 3. You are experiencing pain in your back

Back pain is often attributed to lifting heavy items, not being supported properly while sleeping, or a number of other physical causes. However, it has also been found to be caused by a vitamin D deficiency. This vitamin plays a crucial role in maintaining proper bone health. If you are not getting enough vitamin D, you could end up experiencing pain in your back, specifically in the lower back. The pain can be severe, and it can be chronic. It can become so debilitating that it can actually limit the activities that you can partake in and severely impact your life in a multitude of ways.

### 4. You are experiencing pain in your bones

A vitamin D deficiency can also lead to pain in other bones in your body, aside from your back. For example, you may experience pain in your shins, your ankles, or forearms. Again, since this vitamin plays such an important role in maintaining healthy, strong bones, if you aren’t getting enough of it, it stands to reason that bone pain would be a side effect.

### 5. You are feeling really down

It’s normal to feel down and depressed once in a while; however, if you are noticing that you are feeling noticeably down and very depressed, and it’s been going on for a long period of time, it might just be that you are deficient in vitamin D. Several research studies have found that a vitamin D deficiency, especially in older adults, can lead to depression. Why? Because vitamin D helps to regulate certain chemicals in your brain, including those that impact your mood. If you aren’t getting enough vitamin D, your mood could end up suffering.

### 6. You are feeling very anxious

Like depression, anxiety is a normal feeling to have once in a while; however, if you are feeling more

anxious than normal, or you are worried about things that seem trivial and wouldn’t normally bother you, it might be that you aren’t getting enough vitamin D. Again, this is because vitamin D helps to regulate the chemicals that your brain produces that are responsible for controlling your mood. If you aren’t getting enough vitamin D, you could very well end up feeling overly anxious.

### 7. You aren’t healing from wounds as quickly as you normally would

If you have suffered a scratch, a cut or any other type of wound and it is taking a longer time to heal than it normally would, it might be because you have low levels of vitamin D. Several lab studies have found that vitamin D increases the body’s ability to produce new skin, which is an important part in healing wounds. It has also been found that vitamin D plays an important part in controlling inflammation and fighting off infections, which are also important parts of the healing process.

### 8. You are suffering from bone loss

As has already been discussed, vitamin D plays an important role in the absorption of calcium and bone metabolism. Many older women who have been diagnosed with bone loss have been found to be deficient in vitamin D. If you aren’t getting enough of this vi-

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tamin, you could significantly increase your chances of losing bone density. This could not only lead to the development of osteoporosis, but it could also increase your chances of sustaining breaks and fractures which, in some cases, could be devastating, especially for older women.

**9. You are losing a lot of hair**

Some hair loss is normal; in fact, most people lose around 100 strands of hair every day. However, if you are noticing that there is a lot of hair collecting in your shower drain, you see a lot of hair in your comb, you are pulling out a lot of hair when you put it up, or you actually see the development of bald patches, a vitamin D deficiency could be to blame. Many studies have linked hair loss to low levels of vitamin D. Alopecia areata, an autoimmune disease, is characterized by hair loss. It is linked to rickets, which is a disease that occurs as a result of soft bones in children due to a vitamin D deficiency.

**10. You are experiencing an increased amount of muscle pain**

There are so many factors that can contribute to muscle pain, including a vitamin D deficiency. If you are suddenly noticing that your neck, back and shoulders, or any other area in your body that is associated with your muscles, is feeling particularly achy, or that the pain is rather severe, it might be that you are suffering from a vitamin D deficiency. The vitamin D receptor is present in nerve cells, which sense pain. As a result, if you aren't getting enough of the vitamin, you could end up experiencing more pain in your muscles than you normally would, and it often isn't related to a pulled muscle or any other type of condition.

**11. You are sweating more than normal**

If you are sweating a lot, even when you aren't taking part in strenuous activities, it could be a side effect of a vitamin D deficiency. The sweat that is experienced because of this type of vitamin deficiency usually occurs on the head. Believe it or not, vitamin D actually helps with your body's ability to produce sweat. If you are producing too

much, it could be because you aren't getting the right amount of this vitamin.

**12. You are having trouble in your stomach**

If you are feeling like you have more gas than normal, you are bloated, you experience aches and pains in your gut, or you are having difficulty passing stool, or have loose, watery stools, a vitamin D deficiency might be to blame. Vitamin D is a fat-soluble vitamin. If you aren't getting enough of it, you might not be able to absorb fat as much as you should, which could lead to serious issues with the gut. In extreme cases, a vitamin D deficiency can actually lead to severe conditions, such as Crohn's disease, non-celiac gluten sensitivity and inflammatory bowel disease.

If you are experiencing any of these side effects or symptoms, you want to make sure that you speak to your doctor as soon as possible. The effects of a vitamin D deficiency can be corrected; however, if they are not, you could end up experiencing longer lasting, more severe effects. A simple blood test will reveal if you are deficient in this vitamin. Taking supplements or making modifications to your diet could help to correct a deficiency, which could prevent or correct undesirable side effects.

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# Yesterday's - Continued from Page 1


with BAR Bingo. The cash winnings are high: \$1 per card, \$5 for jackpot (bar opens at 3pm and Bingo starts at 4:30pm and ends at 7:30pm each Sunday.)

August is big for comedy at Yesterday's, with shows hosted by Mike Zydel, who has appeared at the Improv at the Waterfront! They have specialty summer drink specials and make delicious piña coladas with fancy stirrers, a cherry, and a little umbrella. Delicious! There's also occasionally a DJ, murder mysteries, drink and food specials, and sports! Customers say the beef and chicken quesadillas and the house Reuben sandwich are some of the best food items. Al, the owner, loves Pittsburgh, loves Greenfield, and is very happy with his Greenfield business, so he prefers to keep his food and beverages very reasonably priced. Check it out!

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Dylamato's Market is located at 5414 Second Avenue in Hazelwood. Hours of operation: Monday-Friday 11am-7pm (8pm Wednesday), Saturday 9am-5pm 412-521-1351



This material is based upon work that is supported by the National Institute of Food and Agriculture, U.S. Department of Agriculture, under award number 2017-70025-26696, and the Hillman Family Foundation.



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We have a little of a lot of grocery items: Produce, Meats, Dairy, Pastries, Bulk Nuts, Potluck Pantry, Organic Grains – **Locally sourced** whenever possible!

# Streetcar - Continued from Page 8

don't happen, but we are showing the different reactions to it that, especially women but also society, have around it. And, in a lot of ways, we can say the structures that allow these things to keep perpetuating over and over are in it so much. It's not to say that you were condoning or allowing these things, but they are patterns that are real and we're just laying them out there for people to see."


Santry describes the performance by saying, "Yes, this will be a different experience. But we really believe people's read on this play is maybe a little misguided, maybe a bit wrong in the sense of looking at the character of Stanley as a sex symbol. If anything, he's an icon of toxic masculinity in our modern sense. Blanche is far from this blasted faded flower that she's depicted as. She's actually right in the prime of her life, but she's logically very unsettled, not being taken care of, and not doing any kind of self-care. It's a whole other discussion about the PTSD that these people are all experiencing, the guys from their experience in the war, and the women from their experience with the sexual abuse. So there's a lot of stuff compacted into this plan. That is going to make it an intense night in the theater."

Just as Santry emphasized, it truly was an intense night in the theater. After having the opportunity to witness the performance, I do think PCP produced this play in the way people are meant to view it, but also with a touch of their own distinctiveness. The actors and actresses played significant roles phenomenally. The emotional baggage that came with each character was clearly shown by each actor and was presented exceptionally. Both the emotional and physical abuse in the play were executed in a very appropriate way. Stella and Blanche both get brutally abused, physically and emotionally by Stanley, and the actors profusely accept those roles, engaging powerfully into the lives those characters live.

With the blazing heat on opening night and the wonderful production of this script, it was as if the audience got placed into New Orleans with these characters. Overall, the show and actors were extraordinarily impressive, just as the directors who put on the production were.

As PCP does year-round shows, York jokingly describes it as, "The season of the bad romance. Though it really circles around madness and the different ways that manifests and how we deal with it or sometimes don't deal with it." After seeing the performance, it is clear that these various descriptions are present and will continue to be in shows to come.

Santry and York noted that the next production will be "Romeo and Juliet," being shown in the fall season. More information will be given at a later time about this production. With the astonishing display they put on this season, it is a must to experience what more they have to come. "A Streetcar Named Desire" was amongst one of the best productions I have seen, and I can't wait to see what more PCP has to offer. To everyone in the show and producing it, you all did a remarkable job and I am honored to have observed your brilliant work. Best of luck in the future. I am positive you will continue to amaze the audience. Make sure to check out "Romeo and Juliet" when PCP holds the next show of the season!



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# Personal Trainer - Continued from Page 10

glide board, and body weight movements.

Reneé also uses TRX suspension training, which uses specially designed straps anchored to the ceiling to improve balance, flexibility and core strength. It's relatively inexpensive and simple to setup, and Reneé has it for clients to use, with some choosing to actually buy their own set to use at home. "I want to teach and empower them to put them in better positions to achieve their goals, be autonomous and grow. That's the most empowering thing anyone can do for others, and I see myself doing that through fitness."

Setting goals is key for Reneé's model, and it happens even before the very first set of stretches of the very first session. As we mentioned, she is not looking to train tri-athletes, so basic goals, like improving posture, flexibility, or just gaining the confidence to go to a gym or class, is all par for the program. However, goals will likely stay out of reach unless she understands what motivates her client, as well as what barriers or challenges have made them harder to achieve.

Reneé has techniques to make her clients comfortable to make sessions more personal and engaging, all with the idea that the body will play along. Did you like jumping rope as a kid? Is there an '80s album that moves you? Were you way into yoga before your new job? If it lines up with your goals,

Reneé has the means and expertise to tweak her environment or add a wrinkle to your workout that speaks to your motivations and tastes.

It is clear that Reneé wants to be flexible for her clients, but one should not confuse this for being casual about the client-trainer relationship. She wants her clients to be accountable to themselves, as well as the program they agree to honor, and she will take notice if your activity and commitment start to slip.

While she is accommodating, there is one feature that Reneé will never change even for the most motivated and driven of her clients. It may be a deal breaker for some, most clients have embraced it, and others say it's one of their favorite parts of their session. Of course, we're talking about Carmel the Cockapoo, who ushers in all visitors with a couple quick barks before turning into a sweetheart.

"The studio being in my house obviously makes this a different experience from a gym or class, so you have to be comfortable with coming into my home. You might hate walking into my front door and having Carmel bark at you, but those who accept my environment after the first interview come to enjoy her. She makes the workout atmosphere a bit more relaxed. She'll come up to them when they're really tired and they'll take a break to pet her." All appearances show that Reneé's



business is a more personal alternative to traditional or advanced options in the exercise ecosystem. Her thoughtfulness and commitment to functionality is evident from her equipment, down to her focus on making workouts more fun and effective. Large gyms will provide you with many machines to try, but personal instruction is often absent. Group classes can be fun and supportive, but they can also move fast and leave some behind.

If this sounds like your experience, Reneé has a message for you: "I want people to understand that they are not weak emotionally if they come to a place where they need a personal trainer to get them started! People deserve to ask for and accept help, and they are

strong if they give that to themselves! It's very important to give yourself permission to deserve it!"

Reneé Roma Personal Fitness is living proof of the rewards of carving out your own niche in the fight to stay fit, and those first barks you hear are the starting bell as you step back into the ring. Luckily, Carmel disarms you right away, and Reneé leads you to her studio, so that the real work can finally begin.

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August 27<sup>th</sup> 4pm-8pm  
September 24<sup>th</sup> 4pm-6:30pm  
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1202 Muldowney Ave

# 31<sup>st</sup> Ward's Trash to Treasure Flea Market

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Call 412-462-6148

# Hazelwood COMMUNITY DAY



## Saturday, August 10

11:00am - 3:00pm

Hazelwood Summer Marketplace  
4800 Block of Second Ave, near Hazelwood Ave

FREE Carnival Games and Prizes for Kids

FREE Raffle Prizes

Public Safety Vehicles and Personnel

Health and Safety Helps from Concordia Visiting Nurses

Food and Refreshments from Local Vendors



# HAZELWOOD OPEN MARKET

Shop and sell food, art, jewelry, furniture, clothing, goods, etc. on the first Saturday of every month! Everyone is welcome to browse, hang out, or set up a stand.

SATURDAY, AUGUST 3RD  
12PM - 5PM

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When: 1<sup>st</sup> Saturday of every month  
10am - 5, 6pm

Where: 4800 Second Ave, front of Jozsa Corner

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